

Ralston High School

Student Schedule Change



Moving to an A/B Block Schedule

Why Move to an A/B Block Schedule

When reviewing the results of a recent RPS scheduling study, District leaders determined it was time to make an adjustment to the block schedule at Ralston High School to further accommodate the needs of our students. After researching the benefits of different scheduling options and seeing great outcomes occurring in the RHS ninth-grade class while using the A/B Block schedule, District leaders decided to make this move for the entire school next year.

Benefits

- Year-long instruction in core subject areas (English, Math Science, & Social Studies).
- Ensures consistent year-long instruction in core subject areas to enhance student learning and allow for more continual preparation for taking assessments and high stakes tests.
- More time for students to fully understand what they are learning.
- More flexibility to student scheduling.
- Allows more time between students and teachers. Students will be assigned a core teaching group, helping to build better student/teacher relationships.
- Provides a standard, school-wide schedule for all students.

What a A/B Block Schedule Looks Like

- A student will be enrolled in eight (8) classes that will last eighteen (18) weeks or one (1) semester.
- There will be some courses offered that will last two semesters (36 weeks).
- Students will attend four (4) classes on their A-Day schedule and their other four (4) classes on their B-Day schedule.
- Credits will be awarded at the end of each semester for all eight (8) courses completed.
- The A-Day/B-Day will alternate. If there is a No School Day, the specific day will advance to the next school day. (Example: Monday: A Day, Tuesday: No School, Wednesday: B Day).

Homeroom and WIN Time

Ralston High School students will continue to have homeroom on Mondays and “What I Need” (WIN) time every Tuesday, Wednesday, and Thursday.

The A/B Modified Block Schedule incorporates What I Need (WIN) Time. It is great for intervention, proper learning pacing, and can create extensions related to Career Education Programming.

Homeroom is also part of the Modified A/B Block schedule. It allows for mixed grade levels in each homeroom to create a better school-wide culture. Students will have the same teacher from ninth to twelfth grade. Homerooms will focus on relationships, team building, information/updates, and miscellaneous school-wide tasks/activities.

Sample RHS Student Schedule for 2022-2023

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
A-Day	B-Day	A-Day	B-Day	A-Day

A-Day	Period
Math	1
Science	2
Art	3
PE	4

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
B-Day	A-Day	B-Day	A-Day	B-Day

B-Day	Period
English (ELA)	1
Social Studies	2
Woods	3
Foods	4

ALTERNATING DAYS
Class Schedule