



# RALSTON RAMS BASEBALL CAMP

JUNE 12-13, 2023 | 9AM-11AM

ORVAL SMITH FIELD

AGES 9-14

FEE: \$40

**THE RALSTON RAM BASEBALL CAMPS ARE A GREAT PLACE FOR ANY YOUNG BASEBALL PLAYER WHO IS LOOKING TO IMPROVE THEIR SKILLS, WORK HARD, MAKE NEW FRIENDS, AND HAVE FUN. EACH CAMP IS LED BY OUR ENERGETIC COACHING STAFF AND A GROUP OF OUR FIRST CLASS STUDENT-ATHLETES AT RALSTON HIGH**

### **CAMP INCLUDES:**

- INSTRUCTIONS ON THE FUNDAMENTALS OF BASEBALL FROM RHS COACHES AND PLAYERS
- ADMISSION FOR TWO TO THE RALSTON vs OMAHA CENTRAL GAME ON JUNE 20th (8:00 pm) AT ORVAL SMITH FIELD
- RALSTON BASEBALL CAMP T-SHIRT

### **IMPORTANT CAMP INFORMATION:**

- CAMP WILL BE HELD AT ORVAL SMITH FIELD
- EQUIPMENT NEEDED: GLOVE, BAT, SPIKES, TENNIS SHOES, BASEBALL ATTIRE, BASEBALL PANTS, HAT
- CHECK-IN WILL BEGIN 30 MINUTES BEFORE CAMP AT ORVAL SMITH FIELD

PLAYER'S NAME \_\_\_\_\_ SHIRT SIZE \_\_\_\_\_

AGE \_\_\_\_\_ GRADE \_\_\_\_\_ SCHOOL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ RELATION \_\_\_\_\_

EMERGENCY CONTACT PHONE NO. \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: RHS BASEBALL**

**PLEASE FILL OUT THE FORM AND BRING IT WITH YOU THE DAY OF THE CAMP. YOU MAY ALSO RETURN IT TO THE RALSTON HIGH SCHOOL ACTIVITIES OFFICE OR MAIL IT TO THE RALSTON BASEBALL OFFICE AT:**

**RALSTON RAMS BASEBALL  
8969 PARK DRIVE  
RALSTON, NE 68127**

FOR ANY QUESTIONS, PLEASE CONTACT COACH COOPER AT 402-320-7899