

Ralston Ram Softball Fundamental Camps

The camp is designed to set the groundwork for the fundamentals to be a successful high school softball player. The fundamentals will be taught by the Ralston High School softball coaching staff and Lady Ram softball players.

**Dates: July 13th Hitting and Fielding 9:00-11:00 Am
Pitching and Catching 1:00-2:30**

Location: Wager Field

Grades: 3rd-8th grades

Cost: \$30 each session- \$50 if you sign up for both sessions

Camp shirts will be given on a first come first serve basis

Please Bring:

- Glove
- Water Bottle
- Bat (if you have one)
- Cleats
- Athletic Clothing
- A winning mentality

Forms can also be dropped off or mailed to
RHS attention Coach Michael Gentry

For more information contact:
Head Coach Michael Gentry
michael.gentry@ralstonschools.org

Follow the Lady Rams on Twitter: @RRamsSoftball

Camper Registration

Name: _____ Age _____

School Currently Attending: _____

Phone: _____

Shirt size: _____ (specify youth or adult)

Email: _____

Shirt Size _____ (Specify if Youth or Adult size)

Amount enclosed: _____ (Cash accepted) (Make checks to RHS)

Waiver and Release agreement

***Upon acceptance of this application, I hereby waive and release all rights and claims for damages I may have against Ralston Public Schools and its employees/ student athletes on account of any injuries or illnesses sustained by my child while attending the camp(s). I authorize the director of the softball camp(s) or his designee to select hospital facilities and/or physicians of his choice and authorize treatment on an emergency basis if such treatment becomes necessary as a result of participating in the RHS softball camp.

Parent/Guardian Signature: _____

Date: _____

Policy Owner: _____

Insurance Company: _____

Policy Number: _____

Company Address: _____